



THE ETERNITY CONNECTION

Winter 2025 Course Calendar

The Eternity Connection exists to support spiritual growth and awareness for all. No matter where you are on your spiritual journey, you will find connection and resources here.

revised February 9 2025

Eternity Connection Winter 2025 Course Calendar

Welcome!

Thank you for your interest in our Winter 2025 Course Catalogue. We have so many exciting and varied opportunities for spiritual growth and development. From deepening your relationship with your soul and your Spirit guides to working through grief and learning new divination techniques, there something of interest to everyone coming up over the next six months. Just a reminder that all our events and services are completely online!

Eternity Connection is a non-profit, organization governed by a constitution and a Community Covenant. We are proud to be affiliated with the Spiritualist Church of Canada in the pursuit of spreading teachings of Spiritualism around the world. We exist to support spiritual growth and awareness for all. We are a spiritual community committed to raising the awareness of humankind to realize our true spiritual potential.

You will find within that the January and February course listings are linked and available on our [Education Page \(Spiritual Development\)](#), remaining courses will be posted soon. **For Eastern Time please add two hours to the posted Mountain Time. For UK time add 7 hours (except from March 9 to March 29 where you should add 6 hours).**

if you have any questions regarding the courses or enrolment, please contact our Education Coordinator (GenevieveP@eternityconnection.onmicrosoft.com). For any other inquiries please email us at info@eternityconnection.org. All the best for a wonderful and transformative 2025.

Rev. William

The Eternity Connection

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January 2025

The Beauty & Purpose Within Your Presence with Steven Trolland



Do you really know how beautiful you are? How are we to understand and experience purpose with the help of the Spirit World? To give our soul and the Spirit World our full power, we need a space of freedom and trust to explore this beauty and intelligence already at work and learn directly from Source. In this three-session course, Steven will help take down our barriers and trust the beauty of the soul and the Spirit World. We will also work on surrendering to those that love you in the Spirit World as they present their beauty and intelligence, exploring the nature of the interaction between our souls and Spirit. This workshop is open to all levels and is limited to 15 people so we can give you the time that your soul and the Spirit World deserve.

Instructor: Steven Trolland, CSNU

Free Introductory Workshop: Saturday, January 18; 10:00 am – 12 pm (MST)

Course Dates: Saturdays; January 25, February 1, 8

Course Time: 10:00 am - 12:30 pm (MST)

Personal Investment: \$150

Register here: [The Beauty & Purpose Within Your Presence with Steven Trolland](#)

Developing Your Sensitivity with William Pelech and Chris Page



Developing Sensitivity is intended to provide a foundation for psychic and Spirit communication by expanding your intuitive sensitivity. Join experienced instructors William Pelech and Chris Page who collectively have over 40 years of teaching experience to begin your journey of spiritual unfoldment. This course involves approximately 24 hours of learning activities including a combination of lectures, journalling, online conferences, and practice.

During this course you will:

1. Learn various forms of energetic communication;
2. Learn how to sit in the power of Spirit;
3. Learn how to attune to the psychic energies of other students;
4. Learn how to communicate with your soul and spirit guides; and,
5. Practice providing psychic and soul level readings.

Instructors: Rev. William Pelech, PhD & Chris Page, CSNU

Course Dates: Thursdays; January 23 - May 1

Course Time: 6:00 - 7:30 pm (MST)

Personal Investment: \$200 (\$190 registration by Jan 9)

Register here: [Developing Your Sensitivity with William Pelech and Chris Page](#)

February 2025

Supercharging YOU with Quick and Easy Lesser-Known Yoga Practices with Warren Lewis



This interactive workshop will explore yoga pranayama (breath work) to help regulate your body's adrenal response, manage your stress and influence your health. Also, purification rituals for the body called Kriyas will be explored with a comparison to some modern equivalents and the potential health benefits will be discussed. Participants will be given the opportunity to personally experience these pranayama's and kriyas with Warren's guidance. As well, an exploration of the Nobel Prize winning science behind Autophagy and how this can be accelerated through fasting. Warren will share some of his experiences with fasting, the lessons he learned the hard way, and offer some suggestions for consideration if you are thinking about doing a fast.

Instructor: Warren Lewis, E-RYT-500 Yoga Alliance Certified Yoga Instructor

Course Date: Wednesday, February 19

Course Time: 6:00 - 8:00 pm (MST)

Personal Investment: \$60 (\$55 registration by Jan 8)

Register here: [Supercharging YOU with Quick and Easy Lesser-Known Yoga Practices with Warren Lewis](#)

Introduction to the Tarot with Jill Washington



The workshop will introduce the structure of the Tarot deck, including the Major and Minor Arcana, and the meanings of the cards. We will discuss the underlying themes and symbols in the cards, so that you can understand the overall framework and work with them intuitively. You will practice simple spreads, such as the three-card spread and the Celtic Cross, to gain hands-on experience in interpreting card positions and meanings. Participants are encouraged to develop their intuition and personal connection to the cards, enhancing their reading skills. Overall, the workshop aims to empower beginners with the knowledge and confidence to start their Tarot reading journey!

Note: We will be using the Rider Waite Tarot Deck

Instructor: Jill Washington, MSW, RSW

Course Dates: Saturday, February 22 & Sunday, February 23, 2024

Course Times: 10:00 am - 3:00 pm (MST)

Personal Investment: \$165 (\$150 registration by Feb 8)

Register here: [Introduction to the Tarot with Jill Washington](#)

March

Embrace Your Intuitive Potential with Wendy Lyon



Have you often found that you know something even there is no visible evidence available?

For example, when the telephone rings and you know who is calling or a loved one is about to say something, and you know what they are about to say? Would you like to refine your psychic awareness & sensitivity? Join Wendy on a journey of discovery where you will embrace and enhance your intuitive potential. We will include exploring colour and how it can be used within a psychic reading, making a soul-to-soul connection and allowing the flow of inspiration to bring more depth to our awareness.

Instructor: Wendy Lyon, DSNU

Course Dates: Saturdays; March 8 - March 22, 2025*

Course Time: 1:00 pm - 3:00 pm (MST)

Personal Investment: \$150 (\$140 registration by Feb 22)

Registration Open Soon!

Register here: <https://www.eternityconnection.org/content/spiritual-development#>

*Note: The time in Canada moves forward one hour on March 9. Consequently, the March 15 & 22 classes will be at 7:00 pm BST.

Journey of the Soul with William Pelech

Ever experienced a time in your life where you needed to make an important decision, but didn't know what to do? You may have sought guidance from friends and family members, who offered you logical advice, but you still felt confused. Your logical mind may have told you one thing, but it didn't feel right. There is a source that will always provide you the best answer for you-it is your soul. Though what the soul suggests may not always involve the most comfortable path, it will be the right one for you.

In this course, we will explore the concept of the soul and its part it plays in your development. We will explore how your soul can and does offer you guidance and how it speaks to you every day of your life. By understanding how the soul communicates you can unlock the ancient eternal knowledge that it holds to help you live your life in the way that you were always meant to live. In this workshop we will explore:

- The Nature of the Soul
- Journey of the Soul & Exploring Past Incarnations
- Consciousness and the Soul & The Masks We Wear
- Dream Navigation & Interpretation

We are sure that once you learn how to deepen your relationship with your soul and harness all the wisdom that your soul has to offer, it will change your life and the lives of many others.

Instructor: William Pelech, PhD, RSW

Course Dates: Sundays; Mar 16 - April 6*

Course Time: 1:00 - 3:00 pm (MST)

Personal Investment: \$150 (\$140 registration by March 2)

Registration Open Soon!

Register here: <https://www.eternityconnection.org/content/spiritual-development#>

*Note: The time in Canada moves forward one hour on March 9. Consequently, the March 16th and 23rd classes will be at 7:00 pm BST.

A Yogic Perspective on Spirit and its Purpose with Warren Lewis



This workshop starts with an exploration of the yoga chakras and a comparison with HeartMath, Chi, Ki, Mana and Prana. Also, we will discuss acupuncture & acupressure charts and the modern science of how energy flows through the fascia tissue as presented in Yin Yoga. This will be followed by a guided meditation using tuning forks that resonate with the frequencies of the chakras. The last portion of the workshop will focus reincarnation and karma from a yoga perspective, and comparisons with near-death experiences and past-life recollections and regressions. Finally, there will be a guided meditation to provide participants with insights as to their own unique spiritual purpose.

Instructor: Warren Lewis, E-RYT-500 Yoga Alliance Certified Yoga Instructor

Course Date: Wednesday, March 19

Course Times: 6 - 8:00 pm (MST)

Personal Investment: \$60 (\$55 registration by Feb 5)

Register here: [A Yogic Perspective on Spirit and its Purpose with Warren Lewis](#)

Beyond the Mind: A Journey to Spiritual Freedom and Soul Empowerment with Jacqui McGleish



Step into a transformative series of workshops designed to elevate your mediumship, unlock new dimensions of spiritual freedom, and guide you toward deeper self-awareness and healing. *Beyond the Mind* is more than a course—it is an inspiring journey into the heart of your soul's potential.

In this unique programme, you will:

- **Develop Your Soul:** Engage in practices that nurture your personal and spiritual growth, fostering balance and a deeper connection to your true self.
- **Expand Your Mediumistic Capabilities:** Explore advanced techniques to refine your mediumship beyond its current boundaries, empowering you to connect with spirit on a profound level.
- **Harness Healing Energy:** Discover how to channel and work with healing energies for yourself and others, creating harmony and transformation.

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- **Master Meditation and Power Building:** Strengthen your connection to the spiritual realms through tailored meditation exercises and power-building techniques that anchor your awareness in divine energy.
- **Collaborate and Learn:** Work alongside fellow students in a supportive and energising environment, exchanging insights and building shared understanding to enhance your learning experience.

Guided by Jacqui McGleish in a nurturing atmosphere, *Beyond the Mind* invites you to break free from limitations and embrace the full power of your spiritual path. Whether you're looking to refine your skills or begin a new chapter in your mediumistic journey, this workshop series is your gateway to profound transformation and liberation. Join us as we step *Beyond the Mind*—where the soul finds its freedom.

Instructor: Jacqui McGleish, DSNU

Course Dates: Saturdays; March 29 - April 12

Course Time: 1:00 - 3:00 pm (MST)

Personal Investment: \$150 (\$140 registration by Feb 22)

Registration Open Soon!

*Note: The time in Canada moves forward one hour on March 9. Consequently, the March 29 class will be at 7:00 pm BT

Register here: <https://www.eternityconnection.org/content/spiritual-development#>

April

The Inner World of Crystals with Wanda Garstad Buchleitner



Discover the magical properties of stones and crystals through ancient earthy traditional techniques and knowledge. Experience the energetics, healing gifts and language of the stones and crystals in your world. Learn how to heal, work with and care for your crystals while honouring each one with their own significant gifts and offerings. Be sure to bring your own crystals to this workshop.

Instructor: Wanda Garstad Buchleitner

Course Date: Saturday, April 12

Course Time: 1:00 - 4:00 pm (MST)

Personal Investment: \$95 (\$90 registration by Mar 29)

Registration Open Soon!

Register here: <https://www.eternityconnection.org/content/spiritual-development#>

Extending Your Intuition with Dowsing and Remote Viewing with Louise Gebhart



Join Louise Gebhart for this workshop where you will step out of your comfort zone to extend your awareness through dowsing and remote viewing. You will sharpen your knowingness and build your practice with dowsing and open the door to develop skills in remote viewing. Remote viewing involves extending your awareness to a particular space and time to gather information about people, places and things. In this workshop you will also gain skills in astral projection that can extend your awareness beyond the physical world to the world of Spirit.

Instructor: Louise Gebhart

Course Date: Saturday, April 26

Course Time: 1:00 - 4:00 pm (MST)

Personal Investment: \$65 (\$60 registration by Apr 12)

Registration Open Soon!

Register here: <https://www.eternityconnection.org/content/spiritual-development#>

May

Exploring the Trance States and the Magic of You with Steven Trolland



Are you ready to embrace and explore the sacred beauty of *YOU*—your soul? Would you like to deepen your connection with those who work with you on your spiritual journey, including your loved ones in the Spirit World? Do you feel called to find greater clarity and direction on your spiritual journey and in life?

Join Steven for a magical three-day workshop where we will strengthen the bond between your conscious mind and your soul, by uncovering and exploring the profound beauty of the trance states. Through gentle guidance, Steven will help you dissolve the barriers of the conscious mind, allowing your soul and the Spirit World to have more clarity. Together, by exploring the trance states we can also bring clarity to your direction and even give a voice to those in the Spirit World who work with you. The altered and trance states amplify the sacred magic of your soul, enhancing every aspect of mediumship and bringing forth the essence of *YOU*.

Instructor: Steven Trolland, CSNU

Course Dates: Saturdays; May 3 - 17

Course Time: 10:00 am - 12:30 pm (MST)

Personal Investment: \$150 (\$140 registration by April 19)

Registration Open Soon!

Register here: <https://www.eternityconnection.org/content/spiritual-development#>

Moving Through Grief with Jill Washington and William Pelech



“Grief never ends. But it changes. It is a passage, not a place to stay. Grief is not a sign of weakness, nor a lack of faith. It's the price of love”.

Grief is an emotionally painful response to loss. The more significant the loss, the more intensely grief is experienced. Losses that result in grief include death, divorce, diminishing health, job loss, relocations, and dissolved relationships, among others. Grief is a process that is different for everyone. Your grief reactions are unique to you, and so is the timeframe within which you experience grief. Understanding grief can be the first step to working through it. This workshop will be a step towards understanding grief, provide insight about your own grief, how to help others who are grieving, offer a supportive environment to connect with others who are experiencing grief and provide tools to help move through the grief process.

Jill Washington and William Pelech are professional social workers who have extensive experience in providing counselling and support for those experiencing grief.

Instructors: Jill Washington, MSW, RSW, & William Pelech, PhD, RSW

Course Dates: Saturday, May 3 & Sunday May 4

Course Time: 1:00 pm - 4:00 pm (MST)

Course Fee: \$50

Register here: [Moving Through Grief with Jill Washington and William Pelech](#)

Stepping into the Mystery with Wanda Garstad-Buchleitner



Discover your own personal relationship with change, loss, and death within a death phobic society. Liberate yourself by discovering deeper ways to embody resiliency in challenging times. Empower yourself with practical tools, release avoidance, confusion, and fears through traditional earth-based wisdom, drum journeys and open discussions. With curiosity, compassion, and light heartedness, assist yourself and your loved ones upon the transition into the great mystery.

Instructor: Wanda Garstad-Buchleitner

Course Dates: Saturday May 10th and Sunday May 11th, 2025

Course Time: 1:00-4:00pm (MST)

Personal Investment: \$195 (\$185 early bird by April 28)

Register here: <https://www.eternityconnection.org/content/stepping-mystery>

Embracing the Details in Mediumship with Wendy Lyon



Each communication with Spirit is a wonderful opportunity to express the unique quality and story of the communicator's life. During this course, we will use techniques that help to strengthen and build the communication through meaningful, personal evidence. We will explore the potential of clairsentience and clairvoyance, and how they can be used to expand the detail within the communication from our loved ones.

Wendy is a Spiritualist Medium and teacher and has been involved in Spiritualism since the mid-1990s. She has studied at the Arthur Findlay College and is a Diploma holder of the Spiritualists' National Union in demonstrating and a certificate holder in teaching, demonstrating and speaking. In 2013 she was awarded the Gordon Higginson Memorial Scholarship by the Spiritualists' National Union.

Instructor: Wendy Lyon, DSNU

Course Dates: Saturdays; May 24 - June 7

Course Times: 10:00 am - 12:30 pm (MST)

Personal Investment: \$140 (\$120 registration by May 10)

Registration Open Soon!

Register here: <https://www.eternityconnection.org/content/spiritual-development#>

The Healing Power of Trance with Chris Page



Do people often come to you to talk to you about their problems or worries? Have you ever been told that you have a healing presence about you? You do! Join Chris Page to learn how to work with your Spirit Healers. In this course you will build your relationship with your Spirit Healers by allowing Spirit to blend within whilst still retaining control. This is when we develop from attunement and Spirit can start to influence us from within. Working with Chris you will discover your inner healer and deepen your connection with Spirit and healing ability. Chris Page started seeing Spirit at a very young age and began to do astral travelling until his mid-teens. At age 26, Chris got involved with a healing group and after attending every week for two years, he was invited to train with them. For 25 years he attended healing sessions twice a week. This involved working alongside at least two trance mediums at all times. Chris was in absolute awe of the mediums he worked with and never thought that he would become a trance healer. IN time he realized his own amazing potential as a healer. Now it is his pleasure to give the gift of his healing experience and expertise to others through his workshops so they can realize their potential.

Instructor: Chris Page, CSNU

Course Dates: Saturdays; May 31 - June 14

Course Time: 1:00 - 3:00 pm (MST)

Personal Investment: \$150 (\$140 registration by May 17)

Registration Open Soon!

Register here: <https://www.eternityconnection.org/content/spiritual-development#>

OPEN CIRCLE & LIVE EVENTS

An Open Circle with Chris Page

Are you interested in developing your mediumship abilities? Are you able to make a link with Spirit or have you completed a course or workshop in mediumship? If so, this circle is for you. Join Chris Page for this weekly, drop-in event. Chris's knowledge and experience will help you to further develop your spiritual power and attunement with the Spirit World. In this circle you can expect to practice your skills and receive helpful guidance.

Instructor: Chris Page (CSNU)

Event Dates: Weekly Monday Drop-in; January 13 - May 12

Event Time: 6:00 - 7:30 pm (MST)

Personal Investment: \$15 per week

Register here: [An Open Circle with Chris Page](#)

Evening with Spirit

Please join us for a fun filled and exciting online Evening with Spirit where our fabulous mediums will offer many messages from spirit. Our Evenings with Spirit will be offered twice each month, on the second and fourth Wednesday of the month. There is no charge for this event. Free-will donations are gratefully accepted. Suggested donation is \$10.00 Registration is limited, so register early.

Event dates: Every second and fourth Wednesday of the month

Event Time: 7:30 – 9:00 pm (MST)

Personal Investment: Free will donation

Register here: <https://www.eternityconnection.org/content/eternity-connection-community>

Spiritual Conversations

Join our mediums for a wonderful conversation about Spirituality or how the Spirit shows itself in your life.

Ever asked your self if what you are experiencing is real? Have you ever wondered about your spirituality or had questions about how Spirit shows itself in your life? Have you wondered if others experience what you do? These and many other questions are the subjects of our newest program: Spiritual Conversations.

Spiritual Conversations is intended to provide a forum for people to share their spiritual experiences, ask questions, and learn from each other and our facilitators. We will offer a guided meditation and open forum. All that you need to bring are your questions, curiosities, and experiences. Please note that this forum will offer a safe, accepting environment for conversation, and even some inspired speaking.

Hosts: EC mediums Wanda Garstad Buchleitner, Melba Stetz, Genevieve Parent, Jennifer Milton, Andy Bales and William Pelech

Dates: Weekly Friday Drop-in

Course Time: 6:30 – 8:00 pm (MST)

Personal Investment: Free-will donation

Register here: <https://www.eternityconnection.org/content/eternity-connection-community>

Spiritual Healing Service

Each week we offer distant spiritual healing to a limited number of attendees. Spiritual healing assists in promoting inner peace and feelings of wellbeing by treating the whole person. The healer acts as a conduit for healing energies to flow through the recipient. Each Healing Service is about 60 minutes. Healing services are free of charge. Free will offerings are gratefully accepted. Register early for this offering as there is a maximum of 20 people for the healing service.

Dates: Sundays Weekly

Time: 9:30 am – 10:30 am (MST)

Personal Investment: Free-will donation

Register here: <https://www.eternityconnection.org/content/eternity-connection-community>

Sunday Message Service

Join us for an inspirational address and a demonstration of mediumship.

We are pleased to offer message services each week online to those who seek spiritual upliftment, distant healing, and guidance. We offer an inspirational address or talk, followed by a demonstration of mediumship by an experienced medium. Inspirational addresses focus on a wide variety of spiritually oriented topics. The purpose of mediumship is to provide proof of the survival of those who have passed into the spirit world or heaven. Each message service is approximately 75 minutes in duration. Message services are free of charge. Free will donations are gratefully accepted. Please note that we can admit a maximum of 50 people to our Message Service, so register early!

Dates: Sundays Weekly

Course Time: 11:00 am to 12:15 pm (MST)

Personal Investment: Free-will donation

Register here: <https://www.eternityconnection.org/content/eternity-connection-community>

Thank you for taking the time to look at our offerings! We warmly welcome you to join us for any service. On our website you will also find a list of accredited mediums and healers who are available for private sittings and sessions,
